

Find a vaccine:

- At your health care provider.
- At some pharmacies.
- Multnomah County Health Department for adults and children, by appointment. Call **503-988-3406** or visit **www.multco.us/health/immunizations**.

The measles vaccine is safe.

- The measles, mumps and rubella vaccine is very safe.
- Minor side effects might happen and include pain at the site, fever, a mild rash and minor swelling.
- Severe side effects and allergies are very rare.
- No mercury is in childhood vaccines.



Multnomah County Health Department

Communicable Disease Services

426 SW Stark Street
Third Floor
Portland, Oregon 97204

ph. **503.988.3406**

fax. **503.988.3407**

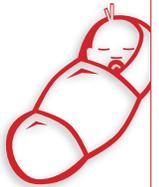
<https://multco.us/health/immunizations>



Measles

It's not just a little rash

- Measles is a viral disease that spreads easily from person to person.
- Measles can be dangerous, especially for babies and young children.
- One in every four people with measles will need to go to the hospital.
- One in every three will have problems such as ear infection, lung infection and in rare cases, swelling of the brain.
- For every 1,000 children with measles, one to two will die.



Measles symptoms

- Fever
- Cough and runny nose
- Red eyes
- A red rash that starts on the head and face and spreads to the rest of the body.
- Symptoms usually develop within one to two weeks. In rare cases, it can take up to four weeks for symptoms to start.

How measles spreads

- Measles spreads when someone with the virus coughs or sneezes. It can also be spread by direct contact with nose or throat mucus (snot) of someone with measles.



People can spread measles before they get sick.

A person who has never had a measles vaccine or been sick with measles has a 90 percent chance of catching the disease if they are near a person with measles. People can spread measles for four days before the rash appears and up to four days after.

Telephone first

If you think your child has measles please call your clinic or Urgent Care first to avoid spreading the virus to others.



You are protected from measles if:

- You are under age four and have had one dose of the measles, mumps and rubella vaccine.
- You are four or older and have had two measles vaccines.
- You were born before 1957.
- You have a blood test that shows you are protected from measles.

Protect your child

- The first dose of measles vaccine should be given at 12 to 15 months of age.
- The second dose at age 4 to 6.