



Lunch *February 2019* **North Powell**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey Gravy 3/8 cup Mashed Potato 1/4 cup Roll 1 Green Beans Mix Fruit Milk
4 Fish Sticks 4 Southwest Vegetables Applesauce  Milk	5 Cheese Pizza 1 Baked Beans Pineapple  Milk	6 Lasagna Roll up 1 Broccoli Pears  Milk	7 Cheese Burger 1 Carrot sticks Apples  Milk	8 Turkey Gravy 3/8 cup Mashed Potato 1/4 cup Roll 1 Green Beans Mix Fruit Milk
11 Chicken Nuggets 5 Tater Tot Applesauce  Milk	12 Turkey & Cheese Wrap 1 Baked Beans Peaches  Milk	13 Fish Sticks 4 Carrot sticks Pineapple  Milk	14 Teriyaki Chicken 1/2 cup Rice 1/2 cup Broccoli Kiwi  Milk	15 Chicken Alfredo 3/4 cup Green Beans Mix Fruit  Milk
18	19 Cheese Burger 1 Baked Beans Pineapple  Milk	20 Cheese Pizza 1 Carrot sticks Pears  Milk	21 Mandarin Orange Chicken 2/3 cup Rice 1/2 cup Broccoli Honey Dew  Milk	22 Chicken Burger 1 Green Beans Mix Fruit  Milk
25 Chicken Strips 3 Potato Wedge Applesauce  Milk	26 Fish Wedge 1 Baked Beans Peaches  Milk	27 Grilled Cheese Sandwich 1 Broccoli Pineapple  Milk	28 Turkey & Cheese Sandwich 1 Carrot sticks Oranges  Milk	Milk is 1% white All bread items are Whole Grain or whole wheat. 1/2 cup fruit 1/4 cup vegetable  <u><b>Notice</b></u> Menu Subject to Change without Notice

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

**This institution is an equal opportunity provider.**

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