


January 2019

Arthur Academy

Monday	Tuesday	Wednesday	Thursday	Friday
7 Chicken Strips 3 each Baked Beans 3/4 cup Pears 1/2 cup Milk	8 Hot Dog Carrot Sticks 3/4 cup Apple Milk	9 Pizza Turkey Pepperoni Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	10 Teriyaki Chicken 1/2 cup Rice 1 cup Broccoli 3/4 cup Banana Milk	11 Battered Fish Wedge Potato Wedges 5 each Peaches 1/2 cup Milk
14 Chicken Nuggets 5 each Baked Beans 3/4 cup Pears 1/2 cup Milk	15 Rib A Que Carrot Sticks 3/4 cup Apple Milk	16 Pizza Turkey Sausage Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	17 Chicken Burger Broccoli 3/4 cup Mandarin Oranges 1/2 cup Milk	18 Fish Sticks 4 Tater Tots 3/4 cup Peaches 1/2 cup Milk
21	22 Cheese Burger Carrot Sticks 3/4 cup Apple Milk	23 Pizza Cheese Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	24 Grilled Cheese Broccoli 3/4 cup Kiwi Milk	25 PB&J, cheese stick & Cheez-it Corn 3/4 cup Peaches 1/2 cup Milk
28 	29	30 Pizza Turkey Ham & Pineapple Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	31 Mandarin Orange Chicken 2/3 cup Rice 1 cup Broccoli 3/4 cup Apples Milk	

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice