





January 2019

High School

Monday	Tuesday	Wednesday	Thursday	Friday
7 Chicken Nuggets & Dorito Southwest Mixed Vegetables Carrot Sticks Pears / Apples	8 Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	9 Rib A Que & French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	10 Chicken Burger Capri Mixed Vegetables Coleslaw Pineapple / Banana	11 Turkey Gravy Mashed & Roll Green Beans Corn Peaches
14 Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	15 Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	16 Cheese Burger & Potato Wedges Carrot Sticks Baked Beans Applesauce / Kiwi	17 Chicken Burger Capri Mixed Vegetables Coleslaw Pineapple / Banana	18 Chicken Alfredo & Bread Stick Green Beans Corn Peaches
21 Holiday	22 Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	23 Rib A Que & French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	24 Early Release	25 No School
28 Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	29 Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	30 Cheese Burger & Tater Tots Carrot Sticks Baked Beans Applesauce / Kiwi	31 Chicken Burger Capri Mixed Vegetables Coleslaw Pineapple / Banana	
Carrot Sticks Every Day Entrees Pizza Veggie Pizza Combo Pizza Hawaiian Pizza Cheese Pizza Turkey Peperoni Pizza Turkey Sausage Nacho Chicken Nacho Turkey Chili	Broccoli Every Day Entrees Turkey & Cheese Sandwich Bagel Lunch Wrap Turkey Wrap Chicken Hummus/cheese stick & Flat Bread 2 Peanut Butter & Jelly Sandwiches 1 PBJ- 1 Cheese stick - 1 Chip Chicken Caesar Salad & Roll Veggie Salad & Roll Parfait & Granola 2oz	Baked Beans Chicken and rice One offered each day Mandarin Orange Chicken or Teriyaki Chicken & Rice	Capri Vegetables Every Day Variety Bar Options Salad with Spinach Salsa Apples Oranges Refried Beans	Green Beans Milk Is Served With All Meals 

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice