

 <b>Breakfast</b>					<b>January</b>					<b>2019</b>					<b>High School</b>				
Monday		Tuesday		Wednesday		Thursday		Friday											
7	Breakfast Oatmeal Bar Fruit & Milk	8	Peach Applesauce Muffin Fruit & Milk	9	Chicken & Biscuit Fruit & Milk	10	Mini Bagels Fruit & Milk	11	Waffles Fruit & Milk										
14	Breakfast Oatmeal Bar Fruit & Milk	15	Blueberry Applesauce Muffin Fruit & Milk	16	Turkey Ham & Cheese on Bun Fruit & Milk	17	Pancakes Fruit & Milk	18	Frudel / Strudel Fruit & Milk										
21	Breakfast Oatmeal Bar Fruit & Milk	22	Breakfast Oatmeal Bar Fruit & Milk	23	Pancake On A Stick Fruit & Milk	24	Mini Bagels Fruit & Milk	25											
28	Breakfast Oatmeal Bar Fruit & Milk	29	Spice Applesauce Muffin Fruit & Milk	30	Turkey Sausage Biscuit Fruit & Milk	31	Pancakes Fruit & Milk												
																			
<b>Breakfast</b>					<b>February</b>					<b>2019</b>					<b>High School</b>				
Monday		Tuesday		Wednesday		Thursday		Friday											
								1	Frudel / Strudel Fruit & Milk										
4	Breakfast Oatmeal Bar Fruit & Milk	5	Mandarin Orange Muffin Fruit & Milk	6	Chicken & Waffles Fruit & Milk	7	Mini Bagels Fruit & Milk	8	Waffles Fruit & Milk										
11	Breakfast Oatmeal Bar Fruit & Milk	12	Carrot Choc Chip Muffin Fruit & Milk	13	Turkey Ham & Cheese on Bun Fruit & Milk	14	Pancakes Fruit & Milk	15	Frudel / Strudel Fruit & Milk										
18	Breakfast Oatmeal Bar Fruit & Milk	19	Breakfast Oatmeal Bar Fruit & Milk	20	Pancake On A Stick Fruit & Milk	21	Mini Bagels Fruit & Milk	22	Cinnamon Rolls Fruit & Milk										
25	Breakfast Oatmeal Bar Fruit & Milk	26	Pear Applesauce Muffin Fruit & Milk	27	Turkey Sausage Biscuit Fruit & Milk	28	Pancakes Fruit & Milk												
																			
<u>Second Choice each Day</u> <u>2- 1oz cereal Fruit &amp; Milk</u> <u>Third Choice may be offered</u> <u>Is Cooks Choice</u>								<u>Notice</u> Menu Subject to change without Notice											

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

**This institution is an equal opportunity provider.**