

 <b>Breakfast</b>					<b>January</b>					<b>2019</b>					<b>Middle School</b>						
Monday		Tuesday		Wednesday		Thursday		Friday		Monday		Tuesday		Wednesday		Thursday		Friday			
Breakfast Oatmeal Bar Fruit & Milk		Peach Applesauce Muffin Fruit & Milk		Chicken & Biscuit Fruit & Milk		Mini Bagels Fruit & Milk		Waffles Fruit & Milk													
Breakfast Oatmeal Bar Fruit & Milk		Blueberry Applesauce Muffin Fruit & Milk		Turkey Ham & Cheese on Bun Fruit & Milk		Pancakes Fruit & Milk		Frudel / Strudel Fruit & Milk													
		Breakfast Oatmeal Bar Fruit & Milk		Pancake On A Stick Fruit & Milk		Mini Bagels Fruit & Milk															
Breakfast Oatmeal Bar Fruit & Milk		Spice Applesauce Muffin Fruit & Milk		Turkey Sausage Biscuit Fruit & Milk		Pancakes Fruit & Milk															
 <b>Breakfast</b>					<b>February</b>					<b>2019</b>					<b>Middle School</b>						
Monday		Tuesday		Wednesday		Thursday		Friday		Monday		Tuesday		Wednesday		Thursday		Friday			
																		Frudel / Strudel Fruit & Milk			
Breakfast Oatmeal Bar Fruit & Milk		Mandarin Orange Muffin Fruit & Milk		Chicken & Waffles Fruit & Milk		Mini Bagels Fruit & Milk		Waffles Fruit & Milk													
Breakfast Oatmeal Bar Fruit & Milk		Carrot Choc Chip Muffin Fruit & Milk		Turkey Ham & Cheese on Bun Fruit & Milk		Pancakes Fruit & Milk		Frudel / Strudel Fruit & Milk													
		Breakfast Oatmeal Bar Fruit & Milk		Pancake On A Stick Fruit & Milk		Mini Bagels Fruit & Milk		Cinnamon Rolls Fruit & Milk													
Breakfast Oatmeal Bar Fruit & Milk		Pear Applesauce Muffin Fruit & Milk		Turkey Sausage Biscuit Fruit & Milk																	
<u>Second Choice each Day</u> <u>2- 1oz cereal Fruit &amp; Milk</u> <u>Third Choice may be offered</u> <u>Is Cooks Choice</u>																		<u>Notice</u> Menu Subject to change without Notice			

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

**This institution is an equal opportunity provider.**