

<i>Breakfast</i> <i>January 2019</i> North Powell				
Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch GM 1 oz Fruit & Milk	Peach Applesauce Muffin Fruit & Milk	Chicken & Biscuit 1 Fruit & Milk	Bagelfuls 1 Fruit & Milk	Mini French Toast 1 pkg Fruit & Milk
Cheerios GM1oz Fruit & Milk	Blueberry Applesauce Muffin Fruit & Milk	Turkey Ham & Cheese on Biscuit 1 Fruit & Milk	Pancakes 1 pkg Fruit & Milk	Mini Bagels 1 Fruit & Milk
	Cinnamon Toast Crunch GM 1 oz Fruit & Milk	Waffles 1 pkg Fruit & Milk	Bagelfuls 1 Fruit & Milk	Mini French Toast 1 pkg Fruit & Milk
Cheerios GM1oz Fruit & Milk	Spice Applesauce Muffin Fruit & Milk	Turkey Ham & Cheese on Biscuit 1 Fruit & Milk	Pancakes 1 pkg Fruit & Milk	Mini Bagels 1 Fruit & Milk
<i>Breakfast</i> <i>February 2019</i> North Powell				
Monday	Tuesday	Wednesday	Thursday	Friday
				Mini Bagels 1 Fruit & Milk
Cinnamon Toast Crunch GM 1 oz Fruit & Milk	Mandarin Orange Muffin Fruit & Milk	Chicken & Biscuit 1 Fruit & Milk	Bagelfuls 1 Fruit & Milk	Mini French Toast 1 pkg Fruit & Milk
Cheerios GM1oz Fruit & Milk	Carrot Choc Chip Muffin Fruit & Milk	Turkey Ham & Cheese on Biscuit 1 Fruit & Milk	Pancakes 1 pkg Fruit & Milk	Mini Bagels 1 Fruit & Milk
	Cinnamon Toast Crunch GM 1 oz Fruit & Milk	Waffles 1 pkg Fruit & Milk	Bagelfuls 1 Fruit & Milk	Mini French Toast 1 pkg Fruit & Milk
Cheerios GM1oz Fruit & Milk	Pear Applesauce Muffin Fruit & Milk	Turkey Ham & Cheese on Biscuit 1 Fruit & Milk	Pancakes 1 pkg Fruit & Milk	
				Milk is 1% white All bread items are Whole Grain or whole wheat. 1/2 cup fruit GM = General Mills
				Notice Menu Subject to Change without Notice

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

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