

October 2019

Arthur Academy

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Hot Dog Carrot Sticks 3/4 cup Apple Milk	Pizza Turkey Pepperoni Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	Teriyaki Chicken 1/2 cup Rice 1 cup Broccoli 3/4 cup Banana Milk	Battered Fish Wedge Potato Wedges 5 each Peaches 1/2 cup Milk
7	8	9	10	11
Chicken Nuggets 5 each Baked Beans 3/4 cup Pears 1/2 cup Milk	Chicken Burger Carrot Sticks 3/4 cup Apple Milk	Pizza Turkey Sausage Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	Egg Rolls Broccoli 3/4 cup Mandarin Oranges 1/2 cup Milk	
14	15	16	17	18
Chicken Strips 3 each Baked Beans 3/4 cup Pears 1/2 cup Milk	Cheese Burger Carrot Sticks 3/4 cup Apple Milk	Pizza Cheese Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	Grilled Cheese Broccoli 3/4 cup Kiwi Milk	Battered Fish Wedge Corn 3/4 cup Peaches 1/2 cup Milk
21	22	23	24	25
Bean & Cheese Burrito Carrot Sticks 3/4 cup Pears 1/2 cup Milk	Corn Dog Baked Beans 3/4 cup Apple Milk	Pizza Turkey Ham & Pineapple Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	Mandarin Orange Chicken 2/3 cup Rice 1 cup Broccoli 3/4 cup Apples Milk	Spaghetti 3/4 cup Corn 3/4 cup Peaches 1/2 cup Milk
28	29	30	31	
Chicken Strips 3 each Baked Beans 3/4 cup Pears 1/2 cup Milk	Hot Dog Carrot Sticks 3/4 cup Apple Milk	Pizza Turkey Pepperoni Salad 1 & 1/2 cups Pineapple 1/2 cup Milk	Teriyaki Chicken 1/2 cup Rice 1 cup Broccoli 3/4 cup Banana Milk	PBJ, cheese stick & Cheez-it

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice