





October 2019

High School

Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Chicken Burger French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Turkey Gravy Mashed & Roll Green Beans Corn Peaches
Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Cheese Burger & Potato Wedges Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	No School
Chicken Nuggets & Dorito Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Chicken Burger French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Early Release
Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Cheese Burger & Tater Tots Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	No School
Chicken Nuggets & Dorito Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Chicken Burger French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	
Every Day Entrees Pizza Veggie Pizza Combo Pizza Hawaiian Pizza Cheese Pizza Turkey Peperoni Pizza Turkey Sausage Nacho Chicken Nacho Turkey Chili	Every Day Entrees Turkey & Cheese Sandwich Bagel Lunch Wrap Turkey Wrap Chicken Hummus/cheese stick & Flat Bread 2 Peanut Butter & Jelly Sandwiches 1 PBJ- 1 Cheese stick - 1 Chip Chicken Caesar Salad & Roll Veggie Salad & Roll Parfait & Granola 2oz	Chicken and rice One offered each day Mandarin Orange Chicken or Teriyaki Chicken & Rice	Every Day Variety Bar Options Salad with Spinach Salsa Apples Oranges Refried Beans	Green Beans Milk Is Served With All Meals 

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice