



September 2019

Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Hot dog & Tater Tots Cheese Burger & Tater Tots Yogurt, Sunflower seeds & Bagelfuls Spinach / Corn Applesauce Mixed Fruit Milk</p>	<p>Pizza Turkey Pepperoni Lasagna Roll Up Yogurt, Cheese Stick & Dorito Tossed Salad with Spinach Carrot Sticks/Beets Orange / Pineapple Milk</p>	<p>Teriyaki Chicken & Rice Grilled Cheese Yogurt, Cheese stick & Oatmeal Round Broccoli / Cauliflower Fresh Pears Mandarin Orange Milk</p>	<p>Turkey Gravy, Potato & Roll Battered Fish Wedge & Cheez-it PBJ, Sunflower Seeds, Cheez-it Green Beans Celery Peaches /Cooks Choice Fruit Milk</p>
<p>Burrito Bean & Cheese Chicken Nuggets Yogurt, Cheese stick & Cheez-it Capri Mixed Vegetables Baked Beans / Salsa Pears / Cooks Choice Fruit Milk</p>	<p>Chicken Burger & Potato Wedge Corn Dog & Potato Wedge Yogurt, Sunflower seeds & Bagelfuls Corn / Peas Cinnamon Applesauce Mixed Fruit Milk</p>	<p>Pizza Turkey Sausage Chili & Dorito Yogurt, Cheese Stick & Dorito Tossed Salad with Spinach Carrot Sticks/Beets Orange / Pineapple Milk</p>	<p>Mandarin Orange Chicken & Rice Egg Rolls Chicken Yogurt, Cheese stick & Oatmeal Round Broccoli / Cauliflower Apples Mandarin Orange Milk</p>	<p>Chicken Alfredo & Bread Stick Fish Sticks & Cheez-it PBJ, Sunflower Seeds, Cheez-it Green Beans Coleslaw Peaches /Cooks Choice Fruit Milk</p>
<p>Turkey Soft Taco Chicken Strips Yogurt, Cheese stick & Cheez-it Southwest Mixed Vegetables Baked Beans / Salsa Pears / Cooks Choice Fruit Milk</p>	<p>Cheese Burger & Tater Tot Hot Dog & Tater Tots Yogurt, Sunflower seeds & Bagelfuls Corn / Spinach Applesauce Mixed Fruit Milk</p>	<p>Pizza Cheese Lasagna Roll Up Yogurt, Cheese Stick & Dorito Tossed Salad with Spinach Carrot Sticks/Beets Orange / Pineapple Milk</p>	<p>Teriyaki Chicken & Rice Grilled Cheese Yogurt, Cheese stick & Oatmeal Round Broccoli / Cauliflower Kiwi Mandarin Orange Milk</p>	<p>Spaghetti & French Bread Battered Fish Wedge & Cheez-it PBJ, Sunflower Seeds, Cheez-it Green Beans Celery Peaches /Cooks Choice Fruit Milk</p>
<p>Burrito Bean & Cheese Chicken Nuggets Yogurt, Cheese stick & Cheez-it Capri Mixed Vegetables Baked Beans / Salsa Pears / Cooks Choice Fruit Milk</p>	<p>Corn Dog & French Fries Chicken Burger & French Fries Yogurt, Sunflower seeds & Bagelfuls Corn / Peas Cinnamon Applesauce Mixed Fruit Milk</p>	<p>Pizza Turkey Ham & Pineapple Chili & Dorito Yogurt, Cheese Stick & Dorito Tossed Salad with Spinach Carrot Sticks/Beets Orange / Pineapple Milk</p>	<p>Mandarin Orange Chicken & Rice Egg Rolls Chicken Yogurt, Cheese stick & Oatmeal Round Broccoli / Cauliflower Apples Mandarin Orange Milk</p>	<p>Cheeseburger Macaroni & Garlic Bread Stick Fish Sticks & Cheez-it PBJ, Sunflower Seeds, Cheez-it Green Beans Coleslaw Peaches /Cooks Choice Fruit Milk</p>
<p>Chicken Soft Taco Chicken Strips Yogurt, Cheese stick & Cheez-it Southwest Mixed Vegetables Baked Beans / Salsa Pears / Cooks Choice Fruit Milk</p>				

Baked Beans

Corn

Carrot Sticks

Broccoli

Green Beans

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice