


<i>Breakfast</i>					<i>September</i>					<i>2019</i>					North Powell						
Monday		Tuesday		Wednesday		Thursday		Friday		Monday		Tuesday		Wednesday		Thursday		Friday			
		2		3		4		5		6		9		10		11		12		13	
		Cinnamon Toast Crunch GM 1 oz Fruit & Milk		Chicken & Biscuit 1 Fruit & Milk		Bagelfuls 1 Fruit & Milk		French Toast Sticks 2 each Fruit & Milk		Cheerios GM1oz Fruit & Milk		Peach Muffin Fruit & Milk		Turkey Ham & Cheese on Biscuit 1 Fruit & Milk		Pancakes 1 pkg Fruit & Milk		Mini Bagels 1 Fruit & Milk			
Cinnamon Toast Crunch GM 1 oz Fruit & Milk		Pumpkin Muffin Fruit & Milk		Waffles 1 pkg Fruit & Milk		Bagelfuls 1 Fruit & Milk		French Toast Sticks 2 each Fruit & Milk		Cheerios GM1oz Fruit & Milk		Gingerbread Muffin Fruit & Milk		Turkey Ham & Cheese on Biscuit 1 Fruit & Milk		Pancakes 1 pkg Fruit & Milk		Mini Bagels 1 Fruit & Milk			
Cinnamon Toast Crunch GM 1 oz Fruit & Milk																					

<i>Breakfast</i>					<i>October</i>					<i>2019</i>					North Powell						
Monday		Tuesday		Wednesday		Thursday		Friday		Monday		Tuesday		Wednesday		Thursday		Friday			
		1		2		3		4		7		8		9		10		11			
		Muffin (Bakery) Fruit & Milk		Chicken & Biscuit 1 Fruit & Milk		Bagelfuls 1 Fruit & Milk		French Toast Sticks 2 each Fruit & Milk		Cheerios GM1oz Fruit & Milk		Muffin (Bakery) Fruit & Milk		Turkey Ham & Cheese on Biscuit 1 Fruit & Milk		Pancakes 1 pkg Fruit & Milk		Mini Bagels 1 Fruit & Milk			
Cinnamon Toast Crunch GM 1 oz Fruit & Milk		Muffin (Bakery) Fruit & Milk		Waffles 1 pkg Fruit & Milk		Bagelfuls 1 Fruit & Milk		French Toast Sticks 2 each Fruit & Milk		Cheerios GM1oz Fruit & Milk		Muffin (Bakery) Fruit & Milk		Turkey Ham & Cheese on Biscuit 1 Fruit & Milk		Pancakes 1 pkg Fruit & Milk		Mini Bagels 1 Fruit & Milk			
Cinnamon Toast Crunch GM 1 oz Fruit & Milk		Muffin (Bakery) Fruit & Milk		Chicken & Biscuit 1 Fruit & Milk		Bagelfuls 1 Fruit & Milk															
																				Milk is 1% white All bread items are Whole Grain or whole wheat. 1/2 cup fruit GM = General Mills	
																				Notice Menu Subject to Change without Notice	

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

This institution is an equal opportunity provider.