



September 2019

High School

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Chicken Burger French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Turkey Gravy Mashed & Roll Green Beans Corn Peaches
9	10	11	12	13
Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Cheese Burger & Potato Wedges Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Chicken Alfredo & Bread Stick Green Beans Corn Peaches
16	17	18	19	20
Chicken Nuggets & Dorito Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Hot Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Chicken Burger French Fries Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Spaghetti & French Bread Green Beans Corn Peaches
23	24	25	26	27
Chicken Strips & Sun Chip Southwest Mixed Vegetables Carrot Sticks Pears / Apples	Corn Dog & Potato Salad Cauliflower / Broccoli Mandarin Oranges Mixed Fruit	Cheese Burger & Tater Tots Carrot Sticks Baked Beans Applesauce / Kiwi	Egg Rolls Chicken Capri Mixed Vegetables Coleslaw Pineapple / Banana	Cheeseburger Macaroni & Garlic Bread Sticks Green Beans Corn Peaches
30				
Chicken Nuggets & Dorito Southwest Mixed Vegetables Carrot Sticks Pears / Apples				
Carrot Sticks Every Day Entrees Pizza Veggie Pizza Combo Pizza Hawaiian Pizza Cheese Pizza Turkey Peperoni Pizza Turkey Sausage Nacho Chicken Nacho Turkey Chili	Broccoli Every Day Entrees Turkey & Cheese Sandwich Bagel Lunch Wrap Turkey Wrap Chicken Hummus/cheese stick & Flat Bread 2 Peanut Butter & Jelly Sandwiches 1 PBJ- 1 Cheese stick - 1 Chip Chicken Caesar Salad & Roll Veggie Salad & Roll Parfait & Granola 2oz	Baked Beans Chicken and rice One offered each day Mandarin Orange Chicken or Teriyaki Chicken & Rice	Capri Vegetables Every Day Variety Bar Options Salad with Spinach Salsa Apples Oranges Refried Beans	Green Beans Milk Is Served With All Meals

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

Notice

This institution is an equal opportunity provider.

Menu Subject to change without Notice

