

CULTURAL

Asian Health & Service Center –
503-872-8822, 9035 SE Foster Rd., Portland

Bienestar de la Familia – 503-988-3509
6736 NE Killingsworth St., Suite 100, Ptlid.

Domestic Violence Resource Center –
503-469-8620 – 24 hour crisis line,
503-235-5333 – Confidential Shelter
503-640-5352 – Counseling Services for
children ages 5 and up

El Programa Hispano – 503-669-8350
333 SE 223rd Ave., Suite 100, Gresham
Serves the Latino community

**Immigrant & Refugee Community
Organization (IRCO)** – 503-234-1541
Translation 503-234-0068
10301 NE Glisan St., Portland

Jewish Family and Child Service –
503-226-7079 – 1221 SW Yamhill St.,
Suite 301, Portland

La Clinica de Buena Salud –
503-988-3991 – 6736 NE Killingsworth St., Portland
New patients 503-988-5558

Lutheran Community Services –
503-231-7480
605 SE Cesar E Chavez Blvd., Portland
Russian speaking therapist

**Native American Youth & Family Center
(NAYA)** – 503-288-8177
5135 NE Columbia Blvd., Portland
www.nayapdx.org

Russian Oregon Social Services –
503-777-3437
7931 NE Halsey St., Suite 304, Portland

Self-Enhancement, Inc. – 503-249-1721
3920 N. Kerby Ave., Portland

School Contact Information

Multnomah Early Childhood Program
5208 NE 122nd Ave.
Portland, OR 97024

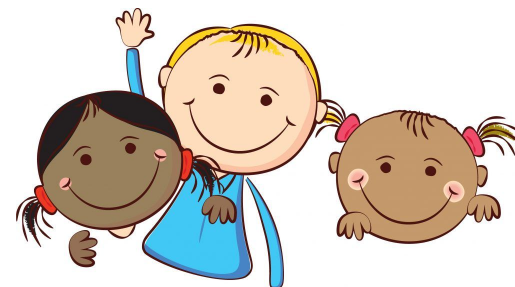
phone number: (503) 261-5535
Fax: (503) 894-8229

Director: Lisa Grotting
Administrator: Jeanett Sealy
Assistant Administrators:

Kevin Anderson
Dave Andrews
Kristi Byfield
Julie Schweigert
Cami Stevenson

Staff Voice Mail Directory: 503-256-6500
Email address: firstname_lastname@ddsd40.org

MULTNOMAH EARLY CHILDHOOD PROGRAM



Multnomah Early Childhood Program

A Resource Directory for Parents and Students

2019-2020

COUNSELING RESOURCES

Albertina Kerr Youth and Family Services –
503-408-4705 – Access/Intake
Cascadia Behavioral – 503-674-7777

- **Dougy Center** – 503-775-5683
3909 SE 52nd Ave., Portland
- **Harry's Mother** – 503-233-8111
24-hour crisis line, shelter
- Kaiser Permanente – 503-249-3434

LifeWorks NW – 503-645-9010
Lutheran Community Services – 503-231-7480
605 SE Cesar E Chavez Blvd., Portland
Russian speaking therapist
Metropolitan Family Service – 503-232-0007
Morrison Child and Family Services –
Intake #: 503-258-4381 – OHP only
912 NE Kelly Ave., Suite 200, Gresham
1507 NE 122nd Ave., Portland
Trillium Family Services – 503-234-9591
Outpatient Services, Day Treatment
William Temple House- 503-226-3021

CRISIS RESOURCES

Child Abuse Hotline – 503-731-3100
Dial 211 – to connect to range of social services
Harry's Mother – 503-233-8111
24-hour crisis line, shelter
Multnomah County Crisis Line – 503-988-4888
24-hour crisis line, 503-988-5887 – Member
Services
National Suicide Prevention Lifeline –
1-800-SUICIDE (273-8255)
New Avenues for Youth – 503-224-4339
Sexual Assault Resource Center –
503-640-5311
Youthline – 503-244-1611, 1-877-Youth911
(968-8491) – 24-hour youth help line, Text
TEEN2TEEN to 839863 7 days a week
4:00pm-10:00pm

DOMESTIC VIOLENCE

Call to Safety – 503-235-5333, 1-888-235-5333 –
24 hour crisis line
Information and referrals for domestic and sexual violence,
and stalking, victim assistance, infrequent funding
for transportation and motel, support groups for
survivors of sexual assaults
Domestic Violence Resource Center –
503-469-8620 – 24-hour crisis line,
503-235-5333 – Confidential shelter
503-640-5352 – Counseling Services for children ages 5 &
up
Multnomah County – 503-988-3022
Restraining orders, Court advocates
National Domestic Violence Hotline –
1-800-799-SAFE (7233) – 24 hour crisis line
Raphael House of Portland – 503-222-6222
24 hour crisis line – safe, confidential, short term emergency
shelter for women and children

DRUG AND ALCOHOL

Al-Anon/Alateen – 503-292-1333
www.al-anonportlandoregon.org
Alcoholics Anonymous – pdxaa.org
503-223-8569 – 24 hour hotline

Cascadia Behavioral Services – 503-674-7777
LifeWorks NW – 503-645-9010
Narcotics Anonymous – 503-345-9839
24 hour hotline
Oregon Tobacco Quit Line –
1-877-270-STOP (7867)

FOOD/SHELTER/CLOTHING

Boys and Girls Aid – 503-222-9661
Harry's Mother – 503-233-8111
24-hour crisis line, shelter
Human Solutions – 503-548-0200
12350 SE Powell Blvd., Portland
Oregon Food Bank – 503-282-0555
Oregon Trail Card – 1-888-997-4447

- **Portland Adventist Community Services (PACS)** – 503-252-8500, 11020 NE Halsey St., Portland
- **Self Sufficiency** – 971-673-2550
8129 SE Malden St., Portland
- **SnowCap Community Charities** – 503-674-8785
- **St. Vincent De Paul** – 503-235-8431
8101 SE Cornwell St., Portland
- **William Temple House** – 503-226-3021

HEALTH CARE/CLINICS

Mid County Health Center – 503-988-3601
12710 SE Division St., Portland
Multnomah Co. School Based Health Centers:
Services for Students in Grades K-12
Free services to those without health insurance, insurance
companies billed for those with health insurance
Centennial Campus SBHC – 503-988-5488
3505 SE 182nd Ave, Gresham
David Douglas Campus SBHC – 503-988-3554
1034 SE 130th Ave, Portland
Parkrose Campus SBHC – 503-988-3392
12003 NE Shaver St., Portland
Oregon Lions Sight & Hearing Foundation –
503-413-7399,
971-270-0203 – adults needing assistance
Outside In – 503-535-3800
Planned Parenthood – 1-888-875-7820
3231 SE 50th, Portland
3727 NE Martin Luther King Jr Blvd, Portland
Pregnancy Resource Center –
503-666-6527 – 104 NW 11th St., Gresham
503-777-7097 – 5117 SE Powell Blvd. Suite 3, Portland
William Temple House –503-226-3021

HOTLINES

Center for Disease Control and Prevention –
1-800-CDC-INFO (232-4636)
Multnomah County Crisis Line – 503-988-4888
24-hour crisis line, 503-988-5887 – Member
Services
National Child Abuse Hotline –
1-800-4-A-CHILD (422-4453)
National Domestic Violence Hotline –
1-800-799-SAFE (7233) – 24 hour crisis line
National Drug & Alcohol Treatment Hotline –
1-800-662-HELP (4357)
National Runaway Hotline – 1-800-RUNAWAY
(786-2929), 24 hour crisis line
National Youth Crisis Hotline –
1-800-442-HOPE (4673)

Oregon HIV/STD Hotline – 503-223-2437,
1-800-777-2437
211info.org – Website with information on local
resources

PARENTING RESOURCES

- **Dougy Center** – 503-775-5683
3909 SE 52nd Ave., Portland
- **Oregon Family Support Network** –
503-363-8068, www.ofsn.org – Non-profit organization where
families who have children and adolescents with
any type of mental, emotional or behavioral
disorders support each other, support groups
available
Stand Up Parenting – 503-228-5087,
1-888-Parent-9 (727-3689)
3435 SE 112th Ave., Portland www.standupparenting.org –
Self help program for adults troubled by
unacceptable behavior from adolescents or adult
children. Support groups offered Thursday only
from 7:00-8:45 pm. Cost is \$20 to join and \$5
each week per family.

RECREATIONAL ACTIVITIES

Boys and Girls Club – 503-775-1549
Girls Incorporated – 503-230-0054
East Portland Community Center –
503-823-3450 – 740 SE 106th Ave, Portland