

October 2019

Mill Park Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Cheese Burger 1 Corn Mixed Fruit Milk	Lasagna Roll Up 1 Carrot Sticks Orange Slices Milk	Grilled Cheese 1 Broccoli Kiwi Milk	Turkey Gravy 3/8 cup Mashed Potato 1/4 cup Roll 1 Tossed Salad with Spinach 1/2 cup Peaches Milk
7	8	9	10	11
Chicken Nuggets 5 Capri Mixed Vegetables Pears Milk	Burrito Bean & Cheese 1 Peas Applesauce Milk	Cheese Pizza 1 Carrot Sticks Orange Slices Milk	Mandarin Orange Chicken 2/3 cup Rice 1/2 cup Cauliflower Apples Milk	No School
14	15	16	17	18
Chicken Strips 3 Southwest Mixed Vegetables Pears Milk	Cheese Burger 1 Corn Mixed Fruit Milk	Lasagna Roll Up 1 Carrot Sticks Orange Slices Milk	Grilled Cheese 1 Broccoli Kiwi Milk	Fish Wedge 1 Tossed Salad with Spinach 1/2 cup Peaches Milk
21	22	23	24	25
Chicken Nuggets 5 Capri Mixed Vegetables Pears Milk	Burrito Bean & Cheese 1 Peas Applesauce Milk	Cheese Pizza 1 Carrot Sticks Orange Slices Milk	Mandarin Orange Chicken 2/3 cup Rice 1/2 cup Cauliflower Apples Milk	
28	29	30	31	
Chicken Strips 3 Southwest Mixed Vegetables Pears Milk	Cheese Burger 1 Corn Mixed Fruit Milk	Lasagna Roll Up 1 Carrot Sticks Orange Slices Milk	Grilled Cheese 1 Broccoli Kiwi Milk	Milk is 1% white All bread items are Whole Grain or whole wheat. 1/2 cup fruit 1/4 cup vegetable Notice Menu Subject to Change without Notice

Additional Nutritional Information available at <http://www.ddouglas.k12.or.us/departments/nutrition-services/>

This institution is an equal opportunity provider.

Notice

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