Dear David Douglas Caregivers:

The David Douglas School District is excited to partner with you to educate your child about health. Oregon's Health Education Standards are designed to promote healthy, safe, violence-free communities for all people. This includes promoting concepts and fostering skills for healthy individuals and healthy relationships in age-appropriate ways.

Oregon Statutes and DDSD Policy

Oregon's Human Sexuality Law (ORS 336.455, 2009), the Healthy Teen Relationship Act (ORS 339.366, 2013), and Child Sexual Abuse Prevention Law (ORS 336.059, 2015) collectively contribute to the Oregon Department of Education's (ODE) Human Sexuality Administrative Rule (OAR-581-022-2050), which requires that *each school district shall teach age-appropriate, comprehensive sexuality education, HIV/AIDS and STD prevention in elementary and secondary schools.* DDSD School Board Policy IGAI follows state guidelines, such that students receive age-appropriate comprehensive sex education, including 4 child sexual abuse prevention lessons annually in grades K-12.

Instructional Materials and Opting Out

To meet Oregon Health Standards, our district uses **The Great Body Shop** health curriculum. Lessons reflect the most current research, are tailored to each grade level, building on one another from year to year, and are appropriate for your child's age. If you would like more information on health education in David Douglas please visit our website.
If you have further questions about the Great Body Shop curriculum and lessons, please contact your child's classroom teacher, or the District Health Coordinator, Brennan Brockbank at brennan_brockbank@ddsd40.org.

David Douglas acknowledges that parents/guardians are the primary health educators for their child, and we are committed to working with and supporting you in this role. Parents/guardians have the option of excluding their child from any of the sex ed topics. If you do not want your child to participate in lessons that address any of the topics below, please fill out the exclusion form. Students who are excused will be given alternate assignments.

If you are NOT opting out of any lessons, no further action is needed.

I do NOT want my child to participate in the following lessons and I am requesting an alternate assignment:

- ☐ Unit 5 Lesson 3 - **Improving your Attitude**
- ☐ Unit 6 Lesson 1 - **All About Families**
- ☐ Unit 6 Lesson 4 - **Personal Safety**
- ☐ Unit 6 Portfolio 4 - **Helping in Numbers**
- ☐ Unit 6 Activity 10 - **Learning the Correct Names for Our Body Parts**
- ☐ Unit 6 Activity 11 - **Hormones and Reproductive Organs**
- ☐ Unit 6 Activity 15 - **Identity**

I wish for my child, _____, to be excused from the above lessons.
(Child's Name)

_____ _____
(Parent/Guardian Name) (Teacher's Name)